

## FCS MS3- Musculoskeletal, Part 3

**Prerequisite: MS1**

MS3 explores advanced concepts in musculoskeletal treatment including cervical & eye myo-chains, all known extremity and spinal cartilage tissues and the entire superficial Fascial (SF) System. Skills gained in this seminar will allow therapists to rapidly identify and treat difficult conditions such as labrum pain/tears, meniscal pain/tears, TMJ dysfunction, cervical/thoracic/lumbar disc pain/tears and difficult SF related conditions such as compartment syndrome. MS3, similar to MS2, will enable therapists to identify and correct conditions that are virtually impossible to treat with any other form of medical intervention or manipulation.

### Outline:

- *Physiological basis of MS Counterstrain*
- *Anatomy and physiology of Cartilage and The Superficial Fascial System*
- *Gain proficiency in Myo-chain, Superficial Fascia (SF) and Cartilage Scans*
- *Gain proficiency in the treatment of Cartilage and SF dysfunction in all areas of the body*

### Goals/Objectives:

- *Improve your understanding of cartilage and superficial fascia physiology & research and its potential to become dysfunctional.*
- *Learn to recognize the signs and symptoms of cervical myo-chain, cartilage and superficial fascia dysfunction in the body*
- *Diagnose and correct cartilage, cervical myo-chains and SF dysfunction in all areas*

### Course Schedule:

Day One:		Day Two:		Day Three:	
8:00 - 9:00	Registration & Opening Lecture	8:30 - 10:30	Cranial / Thoracic Cartilage Demo/Lab	8:30 - 9:00	Lecture "The Interstitium & Superficial Fascia System"
9:00 - 10:00	Head / Neck Myo-chain & Cartilage Scans	10:30 - 12:30	Spinal Disc / Annular Techniques	9:00 - 10:30	The Superficial Fascial of the Upper Quarter & Cervical Spine
10:00 - 12:00	Eye Myo-chain Lecture & Lab	12:30 - 1:30	Lunch	10:30 - 10:45	Break
1:00 - 2:00	Lunch	1:30 - 3:30	Cartilage of the Upper Extremities	10:45 - 12:30	The Superficial Fascia of the Trunk & Pelvis
2:00 - 4:00	Cervical / TMJ Myo-chain Lecture / Lab	3:30 - 3:45	Break	12:30 - 2:15	The Superficial Fascia of the Lower Extremity
4:00 - 5:00	Cartilage Lecture / Scan Review	3:45 - 5:00	Cartilage of the Lower Extremities	2:15 - 3:00	Scan Review & Wind Down