Originators
of Strain
Counterstrain
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JONES INSTITUTE COUNTERSTRAIN

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FCS MS2- Musculoskeletal, Part 2

Prerequisite: FCS MS1

MS2 explores advanced concepts in musculoskeletal treatment including cartilage and bone (periosteal) treatment. Periosteal FCS is capable of correcting osseous deformities including tibial varum/valgum and leg length discrepancy. Periosteal dysfunction is the primary pathophysiology behind tendonitis in all regions of the body and is also the primary residual dysfunction seen in virtually all fracture and bone contusion cases. When combined with neural FCS techniques, it can quickly resolve intractable conditions such as tarsal tunnel syndrome and idiopathic peripheral neuropathy. Cartilaginous (fibrocartilage) FCS is the answer to chronic cartilage pain including spinal disc (annulus) pain, shoulder / hip labral pain, medial / lateral meniscus symptoms and other disc pathologies including the TMJ fibrocartilage. The skills gained in MS2 will give therapists skills enabling them to easily correct conditions that are virtually impossible to treat with any other form of medical intervention or manipulation.

Outline:

- *Physiological basis of MS Counterstrain*
- *Anatomy & Physiology of cartilage*
- *Anatomy and physiology of bone*
- *Gain proficiency in the MS2 cranial scan*
- *Gain proficiency in the treatment of osseous and cartilage dysfunction in all areas of the body*

Goals/Objectives:

- *Improve your understanding of MS anatomy as it relates to chronic pain syndromes*
- *Learn to recognize the signs and symptoms of MS cartilage/ bone dysfunction in the body*
- *Learn to properly diagnose and correct MS dysfunction in the spine and extremities*

Course Schedule:

Day One:	Day Two:	Day Three:
8:00 - 8:30 Registration	8:00 - 10:00	8:30 - 10:30
8:30 - 10:00	10:00 - 10:15 Break	
10:00 - 10:15 Break	10:15 - 12:00	10:30 - 12:15
10:15 - 12:00	12:00 - 1:00 Lunch	12:15 - 12:30 Break
12:00 - 1:00	1:00 - 3:00	
1:30 - 3:15		12:30 - 2:15
3:15 - 3:30 Break	3:00 - 3:15 Break	
3:30 - 5:00	3:15 - 5:00	2:15 - 3:00

TBA