

## FCS for the Lymphatic-Venous Systems

FCS LV explores the newly discovered entity of lymphatic dysfunction. This condition, identified by the presence of lymphatic and venous tender points, is essentially a vasospasm of the large lymphatic/ venous vessels of the body. Symptoms include myalgia, tendonitis, bursitis of all kinds, headaches, sinusitis and most fluid related conditions such as sinusitis and lymphedema are related to venous & lymphatic dysfunction. Treatment of this type of vascular dysfunction using SCS restores the normal "pump mechanism" of the lymphatic system and dramatically improves venous drainage in the affected area. Patients typically report instant pain reduction and notice a marked reduction in edema / fluid symptoms.

### **Prerequisite: SCS I, II or FCS FI**

#### **Outline:**

- *Physiological rationale for vascular dysfunction*
- *Anatomy and Physiology of the Lymphatic and venous Systems*
- *Research regarding the contractile properties of Lymphatic System and fascia*
- *Clinical signs and symptoms of venous and lymphatic dysfunction*
- *SCS techniques to correct venous/lymphatic dysfunction of the trunk, extremities, organs and regional bursae. Over 80 newly developed techniques will be presented*

#### **Goals/Objectives:**

- *Improve knowledge of Anatomy, Physiology and function of the venous & Lymphatic System*
- *Learn to recognize lymphatic and venous dysfunction in the body*
- *Gain proficiency in the treatment of venous & lymphatic dysfunction utilizing newly developed Strain and Counterstrain techniques*

#### **Course Schedule:**

Day One:	Day Two:	Day Three:
8:00 - 8:30 Registration	8:00 - 9:45 Scapulothoracic Dysfunctions	8:00 - 10:30 Dysfunctions of the Hip & Thigh
8:30 - 10:30 Physiological Rationale	9:45 - 10:00 Break	10:30 - 12:15 Knee Dysfunctions
10:30 - 10:45 Break	10:00 - 12:00 Lumbopelvic Dysfunctions	12:15 - 12:30 Break
10:45 - 12:00 Clinical Applications And Anatomy	12:00 - 1:00 Lunch	
12:00 - 1:00 Lunch	1:00 - 2:45 Upper Extremity Dysfunctions	12:30 - 2:30 Calf & Foot Dysfunctions
1:00 - 3:00 Head & Neck Dysfunction	2:45 - 3:00 Break	2:30 - 3:00 Wind Down Lecture
3:00 - 5:00 Cervicothoracic Dysfunction	3:00 - 5:00 Dysfunctions of the "Posterior Axillary Row"	