

## FCS for the Arterial System

FCS AR explores the newly discovered entity of arterial-fascial dysfunction. This condition, identified by the presence of specific arterial tender points, is essentially a vasospasm of the large, named arteries of the body. Symptoms examples include : myalgia, Achilles tendonitis, epicondylitis, migraines, pseudoradiculopathies, LBP, cervicalgia, Adhesive Capsulitis, patella-femoral dysfunction, TMD, etc. Treatment of Arterial dysfunction using SCS normalizes elevated vascular tone, and alleviates all associated musculoskeletal symptoms.

### **Prerequisite: SCS I, II or FCS FI**

#### **Outline:**

- *Origin of Arterial SCS*
- *Anatomy and Physiology of the Arterial System*
- *Review the anatomy and physiology of arterial fascia (tunica adventitia) and its nociceptive and mechanoreceptive properties.*
- *Understand how nocifensive and nociautonomic reflexes lead to the formation of arterial tender points.*
- *Gain proficiency in over 85 newly developed SCS techniques to correct arterial-fascial dysfunction in all parts of the body.*

#### **Goals/Objectives:**

- *Improve your understanding of arterial anatomy and physiology including vascular tunics.*
- *Learn to recognize the signs and symptoms of arterial dysfunction in the body*
- *Learn to diagnose and correct arterial dysfunction utilizing newly developed Strain and Counterstrain techniques*

#### **Course Schedule:**

Day One:	Day Two:	Day Three:
8:00 - 10:30 Registration & Opening Lecture	8:00 - 10:00 Posterior Thoracic Arterial Points	8:00 - 9:45 Arteries of the Knee
10:30 - 10:45 Break	10:00 - 12:00 Arteries of the Thorax and Abdomen	9:45 - 11:30 Arteries of the Leg and Foot
10:45 - 12:30 Cervical Arterial Dysfunction	12:00 - 1:00 Lunch	11:30 - 1:15 Arteries of the Anterior Shoulder
12:30 - 1:30 Lunch	1:30 - 3:00 Arteries of the Posterior Thigh and Pelvis	1:15 - 1:30 Break
1:30 - 2:45 Cranial Arterial Dysfunction	3:00 - 3:15 Break	1:30 - 2:30 Arteries of the Posterior Shoulder
2:45 - 3:00 Break	3:15 - 5:00 Arteries of the Anterior Thigh and Pelvis	2:30 - 3:00 Wind Down Lecture
3:00 - 5:00 Thoracic "Arterial Row"		